



SCHOOL AND ILLNESS

WHEN SHOULD YOUR CHILD STAY HOME?

SYMPTOMS:

YOUR CHILD IS TOO ILL TO GO TO SCHOOL IF HE OR SHE HAS ANY OF THESE SIGNS:

- **SEEMS VERY TIRED AND NEEDS BED REST. (THIS IS COMMON WITH FLU SYMPTOMS)**
- **HAS VOMITING OR DIARRHEA**
- **BECOMES SHORT OF BREATH OR IS WHEEZING**
- **HAS A COUGH THAT DISRUPTS NORMAL ACTIVITY**



SYMPTOMS: PART 2

- **HAS DISTRACTING PAIN FROM EARACHE, HEADACHE, SORE THROAT OR RECENT INJURY**
- **HAS YELLOW OR GREEN DRAINAGE FROM EYE(S)**
- **BREAKS OUT IN A RASH; NOT ALL**
- **RASHES REQUIRE THAT A CHILD STAY**
- **HOME FROM SCHOOL SO CHECK**
- **WITH YOUR CHILD'S DOCTOR**



FEVER:

YOUR CHILD SHOULD NOT GO TO SCHOOL IF THEIR TEMPERATURE IS ABOVE 100.5 F. THEY MAY SAFELY RETURN TO SCHOOL WHEN THEY ARE FEELING BETTER.



CONTAGIOUS:

**YOUR CHILD SHOULD NOT GO TO SCHOOL
IF THEY ARE CONTAGIOUS (IF THEY CAN
SPREAD THEIR ILLNESS TO OTHERS).**

**EXAMPLE OF CONTAGIOUS
DISEASES: COLDS, FLU,
PINKEYE, COVID-19, STREP
THROAT, DIARRHEA,
VOMITING, CHICKENPOX, ETC.**



ASK YOUR DOCTOR

IF YOUR CHILD IS SICK, ESPECIALLY WITH A CONTAGIOUS DISEASE, ASK YOUR DOCTOR WHEN THEY CAN ATTEND AGAIN.

IF YOU AREN'T SURE ABOUT KEEPING YOUR CHILD HOME, TALK TO YOUR DOCTOR.

